

Save the date!
April 13-16, 2023



'Inner Connections: Soul Breathing and Nature Breathing'

In person, In Ytterjärna - the biodynamic heart of Sweden

Exploring a new understanding of ourselves and nature in times of crisis, with exhibitions of meditative images

This gathering is a combination of conversations, lectures, and exhibitions. The lectures will shed light on the climate issue from different perspectives: scientific, evolutionary, spiritual, psychological, and artistic.

Our attitude towards nature is critically important, because we have acquired the power both to alter and destroy nature. Humankind is a part of nature and its war against nature is ultimately a war against humanity itself. Climate change, and extreme weather phenomena and a suffering natural world cry out for a new and deeper understanding of the inner connection between the rhythms of the human soul and those of the natural world. This event is intended to explore these aspects from a deeper viewpoint, the aim being to reconfirm the harmony between man and nature that has to exist for humankind to prosper.

Presenters-list (incomplete)



- **Nora Bateson** award-winning filmmaker, writer, educator, Pres. Intl. Bateson Institute



- **Dr. (med) Ursula Flatters** co-founder Vidar Clinic, and international speaker



- **Johan Rockström** (tbc) Professor of Environmental Science at Stockholm University and Head of the Potsdam Institute for Climate Impact Research



- **Dr (med) Stefan Ruf** specialist in psychotherapy, author and speaker



- **Richard Steel** CEO of the Karl König Institute, Berlin, author and speaker.



- **Pella Thiel** Swedish ecologist and activist, coordinator 'Rights of Nature Conferences', teacher eco psychology.



- **Andreas Weber** evolutionary biologist, author and speaker



- **Anders Wijkman** (tbc) Swedish author, Honorary President Club of Rome and former politician

This event is a collaboration between Kulturhuset in Ytterjärna and the Karl König Institute. For more information, please contact: office@innerconnections.org

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The Calendar of the Soul

The "Calendar of the Soul" are fifty-two meditative verses, one for each week of the year, written by Rudolf Steiner¹. They reflect the gradual changes of the soul during the year in relation to the seasonal rhythms in nature.

Becoming aware of the synchronicity in the rhythmic life of the human soul and the earth is a deepening step towards our healing relationship with nature and the earth.

With inspiration from the "Calendar of the Soul, Dr. Karl König² and Thor Olsen³ have each created fifty-two pictures related to each calendar verse.

These drawings will be exhibited in original at this event with workshops and discussions.

The pictures in combination with the verses are intended to explore the inner connection between the rhythms of the human soul and those of the natural world.



Picture by: Karl König



Picture by: Thor Olsen

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1 **Rudolf Steiner** https://en.wikipedia.org/wiki/Rudolf_Steiner

2 **Karl König** (1902 –1966) was an Austrian physician who founded the Camphill Movement, an international movement of therapeutic, intentional communities inclusive of those with special needs or disabilities and based on the principles of Rudolf Steiner.

3 **Thor Ivar Olsen** (1950-2002) born in Norway, worked as a Waldorf teacher, art teacher and artist in Scandinavia